SOROPTIMIST

Soroptimist International of Hamilton
Hamilton, Montana
Northwestern Region, SIA

Best for Women

Volume 20 Issue No. 4 Oct 2017

Calendar

Oct 5, noon, Business meeting, BJ's

Oct 10, 6:30pm, fold n pin, Alene Tunny's home

Oct 12, noon, Speaker meeting, BJ's

Oct 19, noon, BOD, BJ's

Oct 25, 5:30pm, Retreat at Marcia Babowicz's

Nov 2, noon, Business meeting, BJ's

Nov 9th, noon, Speaker Meeting BJ's

Nov 16, noon, BOD, BJ's

Nov. 30th, 5 pm, Social, Edge

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Oct President's Message

October Greetings to Everyone!

A big thank you to the members who attended the District Conference in Missoula!
We will be hearing from them at the October 5 meeting and also at the Retreat.

Yes, the Retreat will be Wednesday October 25, 5:30 at the Babowicz residence.
We will be discussing topics from the conference as well as some other fun stuff!
Potluck, so bring your nibbles and wine. Sue Mac will be our guide! More info to follow.

We are off to a good start with a date set of March 24, 2018 for the Evening Wrapped in Chocolate and a good committee sign up roster. The Retreat should help us get a jump start on things and set the stage for a successful year.

If you didn't get signed up for committees or have questions, give me a call, we need your participation to make this work!

That's all for now!

Marcia
Life Coach
Chief Life Executive
Queen of All Things

Let's Get Ready to Rumble!!

PEP RALLY

WEDNESDAY, OCTOBER 25, 5:30 PM
BABOWICZ RESIDENCE 230 CAP LANE, HAMILTON

BRING YOUR GAME FACE
BRING YOUR POM-POMS
WEAR YOUR GAME GEAR
BRING YOUR NIBBLES AND WINE

FOOD, FUN, COMPETITION, PRIZES

LET'S GET THIS PARTY STARTED

WE ARE THE CHAMPIONS AMD HEROES!

You will not want to miss this!

Marcia
Head Coach

HUGE FABRIC SALE

WHO: Mary Lou Amsden
388 Grantsdale RD
Hamilton MT 59840
544.6845 cell

WHAT: $6.00 per yard
All fabrics are prewashed
NO Cuts

WHEN: Saturday, October 7, 2017
9 am to 2 pm

WHY: I am retiring from the Farmers Market and selling my "stash".

"Fold 'n pin"

Alene Tunny (gracious and generous woman that she is!) has graciously offered her lovely home (416 S 5th, Hamilton) again for a "Fold 'n pin" party (doing the cards and ribbons for White Ribbon Week). This would be at 6:30 on October 10, and there will be wine and snacks for all who care to join the party!

Please Let Patrice Promack at ppromack@yahoo.com know if you would be available to help out with this.

It was great fun to attend a district meeting after 9 years of absence!! My first impression was WOW (Wonderful Outstanding Women)!! Did you know our own Barbara June was honored for the Envoy level of the Laurel Society? She has donated $2,500!!

I also took heart when our fantastic presenter, Vanessa gave us permission to relax and not get up tight about the little stuff. She said the mission is the most important and if someone calls it a convention instead of a meeting, just chill, as those little details aren't what is really important. And finally, we realized we may need to focus on being a bit more respectful in our meetings which means, no side conversations while others are speaking, no cell phone conversations & no "snarky" comments (no matter how funny they may seem to some). Thanks to Mary Lou for encouraging me to attend
Kathleen Graler

SAVE THE DATE

April 19 – 22, 2018
Northwestern Region Conference
Coeur d' Alene Resort
Celebrating 100 years
HOTEL RESERVATIONS:
1.888.999.7998

SAVE THE DATE

District 4 Meeting
October 5 – 7, 2018
Fairmont Hot Springs

Left: Clubs who received Awards.

This is Barbara June receiving her upgraded Larurel Society pin. She used the monthly giving to SIA to achieve this goal.

DISTRICT 4 CONFERENCE:

From SueMac: 50 Soroptimists representing 8 Clubs across Montana. Sharing accomplishments, ideas, learning, connecting as friends, women and community members. That's what several of us did this last weekend in Missoula at the District 4 conference. If you need a shot of inspiration to keep you going, this was the place to be.

On so many levels It was about people coming together to make a difference in the world.

SI Hamilton was recognized for our club giving to Northwest Region, our participation in the Live Your Dream program and again for our collective impact to SIA. Barbara June was personally recognized…..

Missoula mayor, John Engen recognized Soroptimists for the work we do, and aptly said "People getting together to solve problems is really the only way problems get solved."

Kimberly Dudik, Missoula County Representative received a standing ovation. We all should be proud: "Montana gets things done. We put differences aside to tackle and solve problems facing Montana." The number of bills passed in 2017 specifically aimed at improving the lives of women and children
was jaw-dropping. Her closing words were "Our united progress [as women] is unstoppable"

Cudos to all club members who attended. Saundra did a dynamite job as a District 4 representative and workshop speaker (and yes, she stayed calm in spite of her PowerPoint malfunctioning). SueMac provided our club update and Sunday morning inspiration.

Editors note: SueMac did an outstanding job in her report and Inspiration! You would have been proud to be a Hamilton Soroptimist last weekend!

District 4 Meeting, Missoula
Sep 29, 30 and Oct 1, 2017

Parade of club Flags at beginning of Meeting.

Governor Elect Marti Crook

Missoula Mayor John Engen, welcoming us.

District 4 Director Sandra Kokoruda

Putting a puzzle together at the Huddle up on Friday

DISTRICT 4 CONFERENCE:
We're on the same TEAM so why cant we always get along?

We are a group of likeminded women who share a common goal of helping women and girls be the best they can be. But do the subtle put downs, negative comments, eye rolling, interruptions and side discussions foster the atmosphere that is best for sharing ideas and being the best club we can be?
Entertaining and informative, Vanessa Horning, NWR Professional Development Team, shared insights on both good and bad behavior that is all too commonly exhibited during meetings and how we might improve our own communication skills to be more effective as a club. We explored "Snarky-ism" (defined: of a person, words, or a mood sharply critical; cutting; snide). Some of us are ok with it, even enjoy it, but others find it disrespectful.
SI Whitefish shared their "Code of Ethics' for their club. It may be something we want to develop for our club.

Report from *SueMac*

2016 CERTIFICATE 2017

OF APPRECIATION

Soroptimist International of the Americas
presents this certificate to

SI/Hamilton, MT

in honor of your efforts to increase
SIA's collective impact.

SIA President — SOROPTIMIST Best for Women — June 1, 2017 Date

Club Giving
empowering women to live their dreams

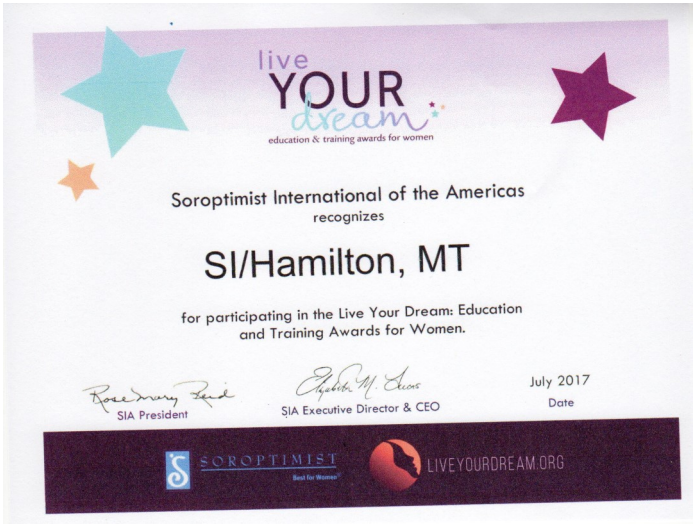
Soroptimist International of the Americas
is pleased to recognize

SI/HAMILTON, MT

at the Dreamers level for your contribution
to 2016-2017 Club Giving

SIA President — SOROPTIMIST Best for Women — Chair, Fundraising Council

July 2017



live YOUR dream
education & training awards for women

Soroptimist International of the Americas
recognizes

SI/Hamilton, MT

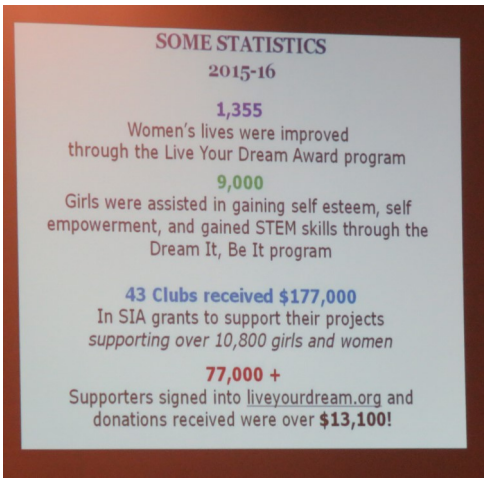
for participating in the Live Your Dream: Education
and Training Awards for Women.

SIA President — SIA Executive Director & CEO — July 2017 Date

SOROPTIMIST Best for Women — LIVEYOURDREAM.ORG

"It was my first time attending, and I only was able to attend the Friday afternoon workshop and "Meet and Greet" where I truly enjoyed the opportunity to get to know some of our colleagues from Helena, Great Falls, Dillon, Missoula, and Choteau."
Patrice Promack

It is always fun to be from Hamilton at these meeting. SueMac and Saundra represented us well. I was so proud of them. This meeting was inspiring and full of fun and learning. Hope to see you all at the next one.
Barbara June



SOME STATISTICS
2015-16

1,355
Women's lives were improved through the Live Your Dream Award program

9,000
Girls were assisted in gaining self esteem, self empowerment, and gained STEM skills through the Dream It, Be It program

43 Clubs received $177,000
In SIA grants to support their projects
supporting over 10,800 girls and women

77,000 +
Supporters signed into liveyourdream.org and donations received were over **$13,100!**

Past District Directors photo. Janet Donahue, SI Missoula, also past Governor, SIA Presiden, SI Treasurer Jan Martin, SI Helena, also past Governor, SIA board, Mary Lou Amsden, SI Hamilton, Barbara June, SI Hamilton, Chris Kelly, SI Missoula, Carol Malesich, SI Dillon, Mellissa Domme, SI Helena, Sandra Kokoruda, SI Helena current District Director

Kimberly Dudik, Montana State House District 94 Representative

The workshop presenter, Vanessa Horning, was excellent! She was humorous and very interactive.
She recommended two books: Strong is the New Pretty by Kate T. Parker for teens and Mean Girls
and Meaner Women. They sound so interesting, I have ordered them both via Chapter One [shop
local!]. I will bring them to a future meeting.

I was very impressed with the keynote speaker at the luncheon, Kimberly Dudik, Montana State
House District 94 Representative. She shared about famous Montana women in our political history
and that our State legislators are not gridlocked; that they work well across the aisle. Several recent
bills received 100% support. She was quite energetic and extremely positive.

For the last session on Saturday afternoon, I chose to attend the hour of yoga. Twenty others made
the same choice! It was a lovely, quiet, relaxing time of good stretching which everyone enjoyed.

Brenda VonBrach

October is an important month for women!

Do you know what happened on this day (October 3) in 1921? It is the day that the first Soroptimist club was founded!

Here in the Bitterroot Valley, this month includes activities related to Breast Cancer Awareness Month as well as Domestic Violence Awareness Month. You are invited to be a part of the related activities.

You probably all know about the Sprinkle Pink campaign, which goes on during October. Initially it was focused on raising money for the Aid for Mammography Fund (which was started by SI Hamilton). The level of success of fundraising has been fabulous! So now, instead of focusing on fundraising, the current focus of Sprinkle Pink is about increasing utilization of those funds (although fundraising is still part of it), as well as reminding everyone about the importance of getting their mammograms. There is a special "Save Your Date" program, with 13 participating businesses, offering great prizes! You enter the raffle to win a prize by filling out a raffle ticket at any of the businesses. Please go to mdmh.org (and click on Sprinkle Pink) to learn more about this, as well as all of the many activities going on this month as part of the Sprinkle Pink campaign!

Also here in the Bitterroot, as part of Domestic Violence Awareness month, SAFE does its part by raising awareness through White Ribbon Week (October 22-28). This is directly from SAFE: *Every ribbon sends a message!*
It takes many hands to make a White Ribbon Week work. Lend yours on October 10th - stop by SAFE (150 Morningstar Way, Hamilton) between 5pm and 7pm to pick up ribbons to distribute, sign up for volunteer shifts and downtown decorating, get posters, fold and pin, snack and laugh with others who care about creating a healthy community. We almost have our 10,000 ribbons ready - it's time to get them out there!

On Wednesday October 4, from 5 to 7, you can help prepare the white ribbons (with their "Every ribbon sends a message" cards) by joining Sonya Bitterman and Jamie Ogden at Higherground Brewery for pizza and white ribbon folding/pinning. Also on October 10 at 6:30 pm several of us will be gathering at Alene Tunny's home to do our own folding and pinning event! We would love to have you join us at Alene's!!

Patrice Promack

Photo on the right is Saundra Amsden teaching the Membership workshop. Unfortunately she had many tech problems, fortunately she handled it beautifully and kept us laughing about it all. Great Job Saundra!

Soroptimist of Hamilton
PO Box 1012
Hamilton, MT 59840

Submissions to the newsletter can be sent to:
mailto:sinewsletter@gmail.com

If you submit to any of the above locations, you are guaranteed it will reach us!